

Schedule of Events

PLEASE CHECK FOR LAST MINUTE SCHEDULING CHANGES WHICH MAY BE NECESSARY IN ORDER TO ACCOMMODATE FIELD SIZES. Only 1/8" spikes are permitted on track and runways.

This track & field meet has a "rolling schedule", which means that with exception to a start times listed for each day there is no scheduled time for the start of each running event. Pay close attention to the schedule of events and be aware of what events are occurring at any given time during each day. Listen for the "first" and "second" calls for each event and schedule your warm-ups accordingly! The schedule of events will not change the day of the events.

8 & Under Division	-	Born 2011+
9-10 Division	-	Born 2009-2010
11-12 Division	-	Born 2007-2008
13-14 Division	-	Born 2005-2006
15-16 Division	-	Born 2003-2004
17-18 Division	-	Born 2001-2002 or still 18 on July 28, 2019

Only 1/8" spikes are permitted on the track and runways.

The Decathlon, Heptathlon, Steeplechase and Hammer will not be contested at the Association track & field championships. Athletes wishing to compete in those events will automatically advance to regionals in Bozeman, MT, June 20-22. Please contact Liza Dennehy regarding registration stipulations at liza.dennehy@gmail.com.

Friday, June 14, 2019 – Multi-Events – 3000 Meter Run

<u>Time</u>	<u>Event</u>	<u>Division</u>
4:00 PM	<u>Triathlon, Pentathlon</u> 80-Meter Hurdles - Pentathlon 100-Meter Hurdles – Pentathlon Shot Put – Triathlon/Pentathlon High Jump – Triathlon/Pentathlon Long Jump – Pentathlon 200-Meter Dash – Triathlon 400-Meter Dash – Triathlon 800 Meter Run – Pentathlon 1500-Meter Run – Pentathlon	<u>9-10, 11-12, 13-14</u> 11-12 (G & B) 13-14 (G – 30" & B – 33") 9-10 (B/G), 11-12 & 13-14 (B/G) 9-10 (B/G), 11-12 & 13-14 (B/G) 11-12 & 13-14 (B/G), 9-10 (G) 9-10 (B) 11-12 & 13-14 (G) 11-12 & 13-14 (B)
5:30 PM	3000 Meter Run	Girls – 11-12, 13-14, 15-16, 17-18 Boys – 11-12, 13-14, 15-16, 17-18
5:00-6:00 P.M.	Athlete Packet Pickup	<u>No Late Entries</u>

Schedule of Events

Saturday, June 15, 2019

<u>Time</u>	<u>Event</u>	<u>Division</u>
8:30 A.M. – 12:00 P.M.	Athlete Check-In & Packet Pick-Up	<u>No Late Entries</u>
- Running Events -		
12:00 P.M.	1500-Meter Run	Girls & Boys – All Divisions
	110-Meter Hurdles	Boys – 15-16/17-18
	100-Meter Hurdles (33")	Girls – 15-16/17-18 & Boys – 13-14
	100-Meter Hurdles (30")	Girls – 13-14
	80-Meter Hurdles (30")	Girls & Boys – 11-12
	4 x 100 Meter Relay	Girls & Boys – All Divisions
	400-Meter Run	Girls & Boys – All Divisions
	100-Meter Dash	Girls & Boys – All Divisions
	800-Meter Run	Girls & Boys – All Divisions
	200-Meter Hurdles	Girls & Boys - 13-14
	400-Meter Hurdles	Girls & Boys – 15-16/17-18
	200-Meter Dash	Girls & Boys – All Divisions
	4 x 400 Meter Relay	Girls & Boys – All Divisions

- Field Events -

<u>Time</u>	<u>Event</u>	<u>Division</u>
9:30 A.M.	Long Jump	Girls & Boys – 8&U/9-10/11-12
	High Jump	Girls & Boys – 13-14/15-16/17-18
	Shot Put	Boys & Girls – 8&U/9-10/11-12/13-14
	Discus	Boys & Girls – 15-16/17-18
	Pole Vault	Girls – 13-14/15-16/17-18
11:00 A.M.	Long Jump	Girls & Boys – 13-14/15-16/17-18
	High Jump	Girls & Boys – 9-10/11-12
	Shot Put	Boys & Girls – 15-16/17-18
	Discus	Boys & Girls – 11-12/13-14
	Pole Vault	Boys – 13-14/15-16/17-18
Immediately following Long Jump completion	Triple Jump	Girls & Boys – 13-14/15-16/17-18
12:00 P.M.	Mini-Javelin	Boys & Girls – 8&U/9-10/11-12
	Javelin	Boys & Girls – 13-14/15-16/17-18